Millifluidic Synthesis of Polymer Core-Shell Micromechanical Particles: Toward Micromechanical Resonators for Acoustic Metamaterials

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ABSTRACT: We present two routes of millifluidic-based synthesis of solid core-solid shell particles with submillimeter size. These particles, which behave as mechanical resonators, are key components of targeted three-dimensional locally resonant acoustic metamaterials working in the ultrasonic frequency range. The first route involves the encapsulation of a solid core into a liquid shell, which is then in-line solidified through gelation. The second route involves two successive coflows followed by two solidifications triggered by UV irradiation and complexation, respectively. Original solutions to several practical issues are presented. The advantages and drawbacks of both routes are analyzed in the light of the targeted specifications of the resonators. © 2012 Wiley Periodicals, Inc. J. Appl. Polym. Sci. 000: 000–000, 2012

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INTRODUCTION

In 1968, Veselago¹ theoretically explored the physics of electromagnetic (em) propagation in materials having both their dielectric permittivity ε and magnetic permeability μ negative. His theoretical work remained speculative until it was shown that simultaneous negative effective values of ε and μ can be achieved in propagating media containing a sufficient concentration of physical entities that are able to resonate with the incoming em field, thus leading to negative values of the effective optical refractive index close to the resonance frequencies of the resonators.² The synthesis and characterization of such materials-called locally resonant metamaterials-have motivated intensive worldwide research³ due to the large number of potential applications of em metamaterials (super lenses, cloaking materials, subwavelength optical microscopy, filters, antenna, wave guides, etc.). Realizing that several of these promising applications could be transposed to acoustics,⁴ researchers have recently begun to work on the design and synthesis of materials that would exhibit negative values of the effective density $\rho_{\rm eff}$ and/or of the effective compressibility $\kappa_{\rm eff}$. Such acoustic metamaterials indeed open the route to many applications such as planar perfect acoustic lenses,^{5,6} acoustic cloaking devices,7 subwavelength acoustic microscopy,8 frequency-selective acoustic isolators and attenuators,^{9,10} and waveguides. The homogenization process leading to the achievement of effective acoustic properties for a composite material requires the acoustic wavelength to be much larger than the material microstructure. The higher the targeted working frequency, the smaller the wavelength and consequently the smaller the resonators have to be. Consequently, while negative effective densities and/or compressibilities could be obtained in the audible frequency range for in the case of one,^{11,12} two, and three-dimensional (3D) propagation^{9,13} using macroscopic and hand-made resonators, similar effects could be obtained in the ultrasonic range only in one¹¹ and two dimensions,^{6,7,14} due to the difficulty to manually fabricate and assemble submillimetric resonators. Pushing the working frequency of 3D LRAM up to ultrasonic frequencies requires to downsize the resonators down to the submillimeter range. This represents several design and fabrication issues.

Among the variety of resonators theoretically proposed for achieving locally resonant acoustic metamaterials (LRAM), hard

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core–soft shell resonators, which have been proposed in Ref. 15 as a mean to obtain negative effective densities, have a particularly simple structure. Moreover, it has been experimentally shown in Ref. 9 that negative effective densities could actually be obtained around 400 Hz in a 3D LRAM composed of handmade centimeter-sized hard lead spheres embedded in a soft polymer shell and further integrated into a hard matrix. This kind of resonators thus constitutes an attractive design for 3D LRAM working in the ultrasonic range. Interestingly, such sizes lie within the scope of fabrication techniques such as microfluidics. The scope of this work is to present in detail several processes of the synthesis of submillimetric acoustic resonators using millifluidic techniques.

Our work is organized as follows. In Materials Design section, we present the main results of the design study of the LRAM based on the model given in Ref. 15. In Millifluidic Fabrication of the Resonators section, we present two routes of synthesis of core-shell resonators based on millifluidics. We study the dependence of the dimensions of the core-shell particles on the experimental conditions, and we highlight the original features of the implemented millifluidic processes. Finally, we compare both routes in terms of performances and versatility.

MATERIALS DESIGN

The geometry of the mechanical resonator proposed in Ref. 15 is shown in Figure 1(a). When submitted to the acceleration associated to an incident, monochromatic, plane acoustic wave, the hard core of the resonator oscillates within the soft shell parallel to the direction of the wave, behaving like a harmonic oscillator whose stiffness is provided by the resistance to shear of the shell and whose inertia is mainly provided by the mass of the core. The exact mechanical response of a hard core-soft shell single spherical particle suspended in a hard matrix to long wavelength acoustic waves has been modeled in Ref. 15 in the limit of infinitely rigid core and matrix. We used this analytical model to design the core-shell resonators. We also numerically studied the role of viscous dissipation on the resonance strength as function of the dimensions of the resonator. Although the details of this study will be published elsewhere, we give below the main outcomes of the model concerning the resonance behavior.

Noting *a* the core radius, *b* the shell outer radius, ρ_3 (resp. ρ_2) the density of the material constituting the core (resp. the shell), λ_2 the first Lamé coefficient of the material constituting the shell, and G'_2 its second Lamé coefficient, that is, the elastic component of its (complex) shear modulus G_2 (= G'_2 + iG''_2), the resonance frequency $f_{\rm res}$ of the harmonic motion of the core within the shell approximately satisfies the following scaling law:

$$f_{\rm res} \sim \sqrt{\frac{G_2'}{\rho_3 a^2}} \tag{1}$$

The increase of $f_{\rm res}$ with decreasing *a* justifies our efforts of miniaturization of the resonator size. A typical frequency-dependence of the effective density $\rho_{\rm eff}$ of a suspension of such

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Figure 1. (a) Schematic representation of the hard core–soft shell resonator. (b) Predicted variation of the dimensionless effective density ρ_{eff}/ρ_0 of the suspension of core-shell resonators as function of the frequency f of the acoustic wave. f_{res} is the resonance frequency and Δf_r the frequency band in which the effective density of the suspension is predicted to be negative $(\rho_1 = 1 \text{ g cm}^{-3}, \rho_2 = 1.09 \text{ g cm}^{-3}, \rho_3 = 8.86 \text{ g cm}^{-3}, G'_2 = 0.6 \text{ MPa}, \lambda_2 = 3.6, \text{ GPa}, a = 50 \,\mu\text{m}$, and $b = 75 \,\mu\text{m}$ volume fraction of resonators in the material: $\phi = 0.1$). [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

mechanical resonators divided by its static value ρ_0 is shown in Figure 1(b), where we indeed note the occurrence of a frequency band Δf_r over which ρ_{eff} is predicted to be negative. For practical reasons, $\Delta f_r/f_{\text{res}}$ has to be as broad as possible in order to compensate, for instance, for the possible variability of the resonator mechanical properties and dimensions but also, and importantly, for dissipation. Numerically, we found that $\Delta f_r/f_{\text{res}}$ increases with (b-a)/a up to a plateau for (b-a)/a < 0.5. The shell thickness thus shall be reduced down to 0.5*a*, below which there is no real subsequent gain in terms of band width. We also found that $\Delta f_r/f_{\text{res}}$ strongly depends on $\rho_3 - \rho_2$ and almost vanishes for $\rho_3 = \rho_2$. Although the density matching between the core and the shell does not suppress the resonance, it makes it experimentally unattainable $(\Delta f_r/f_{\text{res}} \rightarrow 0)$.



Figure 2. Schematic representation of the millifluidic chip implemented for producing core-shell objects using the combination of Method 1 for Step 1 and Method 1 for Step 2 (C1-E1 in the text): a density-matched suspension of solid polymer particles is injected at high temperature (Step 1, dark blue syringe), density modulated by dilution (light blue syringe), and then encapsulated (Step 2, green syringe) into agarose droplets, which are eventually gelled at low temperature in the serpentine device. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

MILLIFLUIDIC FABRICATION OF THE RESONATORS

We now present the different experimental routes that we explored for achieving the synthesis of the resonators. In this work, we understand the process of fabrication of core-shell particles as composed of two different steps that will constitute two fabrication modules. As we describe now, this approach allows for the development of a large variety of objects. The two steps that are required for the fabrication of our objects are the following ones:

Step 1: Fabrication of the hard core of the microresonator. Step 2: Millifluidic encapsulation of the core into a soft shell.

A third step is also required to build the final LRAM that is the incorporation of a controlled amount of the core-shell particles into a rigid matrix.

For achieving Step 1, we have investigated two different methods that are as follows:

- C1: The use of colloidal particles that are in a solid state "right from the start" and that will be encapsulated as such into the material that will later constitute the soft shell.
- C2: The use of an initially liquid phase that will be first processed into spheres of controlled size within the microchannel, then solidified (in our case through inline UV polymerization reaction), and finally integrated as such into the material that will later constitute the soft shell.

For Step 2, we have also developed two possible experimental methods that are as follows:

E1: The use of an aqueous physical hydrogel whose gelation occurs through an inline temperature quench.

E2: The use of an aqueous physical gel whose gelation occurs through the inline triggering of a complexation reaction.

Encapsulation has been largely described in literature. For capsules with size in the 100 μ m range, it mostly relies on microfluidic liquid–liquid processes and exploits the spontaneous emulsification due to the contact of immiscible fluids in confined geometries.¹⁶ A large set of geometries and devices have been produced, and we use the seminal work of Ref. 17 that demonstrated the use of nested capillaries for the generation of calibrated multiple emulsions.

The subsequent polymerization exploits most often photocurable polymers or hydrogel curable; thanks to a sol-gel process. A review can be found in Ref. 18. The advantages of using an aqueous gel for constituting the shell are that (i) its viscoelastic properties can be continuously tuned by adjusting its composition and (ii) its shear modulus is generally much smaller than those of organic polymers, which have been used for constituting the core of the resonators, a condition of validity of the model of Ref. 15.

The different experimental processes that will be described for each step of fabrication might be developed as independent and connectable modules that can lead to the formation of a large variety of objects when combined in four different ways such as C1-E1, C1-E2, C2-E1, or C2-E2. In the following, we describe the build-up of the different modules and the characteristic features of the obtained materials. In this work, we have chosen to implement two combinations among the four possible, namely C1-E1 and C2-E2.





Figure 3. Histogram of the diameters of PMMA particles. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

Combination C1-E1

First, we describe the implementation of a combination of an initially solid particle as the core and of a physical hydrogel as the shell, whose gelation is controlled by temperature.

Core Fabrication Step. As discussed in Materials Design section, the width of frequency band over which the effective density of the targeted LRAM is predicted to be negative is highly dependent on the density contrast between the core and the shell. This imposes severe constraints on the choice of the core material that should be as dense as possible. On the other hand, manipulating fluids containing high-density colloidal particles in capillary tubes is a complicated procedure due to the rapid sedimentation of the particles within the microchannel. To circumvent this difficulty, we have used the millifluidic setup schematized in Figure 2.

The solid colloidal particles are first dispersed in a densitymatched liquid mixture of water and glycerine principally in order to ease their injection into the channels by suppressing sedimentation. Then the density of the suspending fluid is decreased through its controlled mixing with another fluid having a density different from the one of the suspension (see Figure 2). To avoid the sedimentation of the particles downstream of the mixing stage, this dilution stage has to be as close as possible to the encapsulation stage. In the case that we discuss here, the use of a pure agarose/water solution led to lower the density of the suspending fluid below one of the particles, but this step can also be used to increase the density of the suspending fluid well above the density of the particles by using, for example, heavy salt solutions such as Pb or Au ions dispersed in water.

We have used poly(methylmethacrylate) (PMMA) particles from Atoglass as the solid core of the resonator. The initial particles are available as a powder of particles of diameters comprised between 10 and 500 μ m. To reduce its size dispersity, the powder was first dried in an oven at a very low-hygrometry level in order to remove any trace of moisture and then sieved using metallic grids of appropriate mesh sizes. As shown in Figure 3, the diameter of more than 95% of the sieved PMMA particles is 100 (±10) μ m. The PMMA particle density is $\rho = 1.19$ g/cm³, which determines the required value of the suspending fluid density, hence the proportions of water and glycerine. As the next step involves the formation of a shell made of an agarose hydrogel, the suspending fluid also contains agarose at a concentration ranging from 0.5 to 3 wt %. As justified after, in order to keep the agarose/glycerine/water mixture in a liquid state, the temperature T of the suspension was first increased above T_{fluid}, as defined in Figure 4, and then slowly cooled down to 50°C, then injected into the millifluidic circuit, which was also kept at this temperature. A combination of surfactants [sodium dodecyl sulfate (SDS) and nonionic Pluronic F127 or Tween 80] had to be added to the solution in order to suppress the aggregation of PMMA particles at high temperature due to the good-to-bad solvent transition of the particles surface polymer chains in the solution. A typical composition of the agarose/glycerine/SDS/F127/water mixture is in wt %: 1/74/0.2/1/ 23.8 in which 0.35 wt % of PMMA particles was dispersed. The dilution stage involves the mixing of the suspension (flow rate Q_1) with a second solution of 1 wt % agarose in pure water



Figure 4. (a) Temperature dependence of the complex elastic modulus $G_2 = G'_2 + iG''_2$ of a 1-mm thick sample of a 2 wt % agarose/74 wt % glycerine/2 wt % Tween/0.2 wt % SDS/21.8 wt % water mixture during (a) cooling at a rate of -1° C/min, (b) heating at 1°C/min, and (c) dependence of the temperatures of beginning T_{gel} and achievement T_{form} of solidification and of beginning T_{melt} and achievement T_{fluid} of melting of X wt % agarose/74 wt % glycerine/2 wt % Tween/0.2 wt % SDS/(23.8 - X) wt % water mixtures versus agarose concentration X.

with a density of 1 g/cm³ (flow rate Q_2), as sketched in Figure 2. The millifluidic setup used for achieving the dilution, schematized in Figure 2, was fabricated using nested glass capillary tubes of round and square cross sections in order to ensure self-centering.¹⁷ Such technology indeed permits to generate multilevel coflows with an axial symmetry. The glass capillary tubes from Vitrocom used for the suspension injection and the dilution stage are made of borosilicate and had the following dimensions: inner diameter ID = 150 μ m and outer diameter OD = 250 μ m and ID = 300 μ m and OD = 400 μ m. The resulting density contrast between the particles and the suspending fluid achieved after the dilutions by assuming linearity upon dilution with known flow rates, is 0.1 g/cm³.

To determine the temperatures of the high-temperature and lowtemperature stages of the millifluidic circuit, a study of the solidification and melting of agarose/glycerine/surfactants/water mixtures as function of agarose concentration has been performed. Solidification (resp. melting) experiments of 1-mm thick samples have been conducted by ramping up (resp. down) the samples temperature at a slow variation rate of +1°C/min (resp.-1°C/ min) and by monitoring their complex elastic modulus at low frequency (0.1 Hz) and for small relative deformation (1% strain) using a temperature-regulated Texas Instrument AR-1000 rheometer. The complex elastic modulus G2 of the studied mixtures exhibits large hysteresis upon melting and solidification. The variations of this complex elastic modulus of a 2 wt % agarose/74 wt % glycerine/2 wt % Tween/0.2 wt % SDS/21.8 wt % water mixture versus temperature during the up/down temperature ramps, shown in Figure 4(a, b), indicate that its solidification indeed begins at temperature T_{gel} and is achieved at T_{form} , while its melting begins at T_{melt} and is achieved at T_{fluid} , which strongly differ from T_{gel} and T_{form} , respectively. We have checked that during the temperature ramps, the evolution of the samples was actually quasi-static. The variations of T_{gel} , T_{form} , T_{melt} , and T_{fluid} as function of agarose concentration, shown in Figure 4(c), indicate that, for the investigated range of agarose concentration, injection and encapsulation have to be performed at a temperature larger than T_{gel} , while complete solidification of the shells is achieved by quenching the core-shell particles below 10°C. This is why a refrigerated serpentine was added downstream of the encapsulation stage in order to ensure a 10-min stay of the core-shell particles at 10°C before their collection.

Shell Fabrication Step. We note that the microfluidic encapsulation of solid particles is rarely described in literature. We found that encapsulation of solid particles mainly concerns nano- to microparticles (quantum dots, latexes, etc.),^{19,20} while larger objects are restricted to cells²¹ and soft particles.²² This positions our work as an original way of encapsulating solid, non-Brownian particles using millifluidics.

The particle encapsulation step was then performed using an immiscible carrier fluid (Silicone oil, with viscosity 110 mPa s), called the outer fluid hereafter, flowing through a (ID = 500 μ m and OD = 700 μ m) borosilicate capillary tube (see Figure 2). The number of PMMA particles per capsule depends on both the particles concentration in the suspension on its flow rate Q_1 +



Figure 5. (a) Flow diagram of the encapsulation stage of the C1-E1 route in the drop-only region as a function of internal $(Q_1 + Q_2)$ and external (Q_3) flow rates (the concentration of PMMA particles in the suspension is 0.35 wt % upstream from the density modulation stage). (b) Histogram showing the percentage (%) of objects having a given number of encapsulated PMMA particles in the operational conditions $(Q_1 + Q_2 = 30 \ \mu\text{L/})$ min and $Q_3 = 35 \ \mu\text{L/min}$).

 Q_2 and on the outer fluid flow rate Q_3 . Figure 5(a) displays the dynamic flow diagram of the encapsulation process. We focused on the region of the flow diagram where drops are observed, thus disregarding the possible drop-to-jet transition.¹⁶ In this drop-only region, the number of PMMA particles in the final capsule strongly depends on the operational parameters²³; having fixed the geometrical parameters of our device, we studied the encapsulation conditions as a function of the flow rates and the concentration of particles in the suspension. Capsules containing on average a single PMMA particle are obtained only in a restricted domain of the flow diagram. In this domain, the typical percentage of capsules containing only one particle is 80%, as shown in Figure 5(b). Moreover, the encapsulation statistics is known to follow a Poisson law,²³ compatible with the observed distribution.

We thus fabricated continuously gelled core-shell particle at a moderate throughput (order of 1–10 drops/s) for several hours. Figure 6(a) displays a SEM picture of the obtained core-shell particles. These objects were collected, rinsed, and then dispersed in a UV polymerizable mercapto ester-based monomer adhesive (Norland Optical Adhesive 65). Using this fabrication process, we managed to fabricate a thin circular slab (thickness 5 mm and radius 5 cm) loaded with about 10% (vol) with the core-shell particles and indeed observed that the particles kept their integrity. Pictures of the final dispersion are shown in Figure 6(b, c).

Combination C2-E2

We now describe the implementation of a combination of an initially liquid core that is polymerized *in situ* and of a shell whose gelation is triggered by a chemical reaction.





Figure 6. (a) SEM picture (size = $1.25 \times 1.05 \text{ mm}^2$) of the capsules whose core is an initially solid PMMA and whose shell is made of agarose/ water gel (route 1). (b) Transmission optical microscopy picture of the same core-shell particles embedded in the solid polymer matrix. (c) Reflection optical microscopy picture of the same core-shell particles in the solid matrix. The white arrows point to the encapsulated PMMA particles (insert up right: optical microscopy picture of a crushed object showing the inserted particle (same scale as main picture). [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

Core Fabrication Step. The monomer that we used to form the core of the resonator is ethylene glycol dimethacrylate. Its polymerization is triggered by UV irradiation in the presence of 2-hydroxy-2-methylpropiophenone (2H2M) that is the polymerization initiator. EGDA possesses two double bonds and the reaction that occurs is a radical polymerization.

In this route too, we used glass capillary tubes to promote the formation of EGDA droplets. However, to avoid any preferential wetting of the glass tube by the EGDA solution, the tubes first had to be surface-treated with a solution of hydroxyethylcellulose (HEC), which is a well-established way of increasing the hydrophilicity of a surface. The droplet formation stage is made of an untreated inner capillary tube with circular cross-section and dimensions (ID = 150 μ m and OD = 250 μ m) centered in an intermediate, HEC-treated capillary tube with square crosssection, and dimensions (ID = 300 μ m and OD = 400 μ m; see Figure 7). The solution injected in the inner capillary tube is composed of 5 wt % of the initiator 2H2M dispersed in EGDA (flow rate Q_1). The solution injected in the intermediate capillary tube, which will further constitute the shell of the final objects, is a 1 wt % solution of alginate in water (flow rate Q_2). First, we measured the dependence of the diameter 2 a of EGDA droplets on the ratio of the external to internal flow rates Q_2/Q_1 . As shown in Figure 8, the best power-law fit of these variations is $2a \propto (Q_2/Q_1)^{-0.14}$, in good agreement with the empirical law evidenced in Ref. 24. Experimentally, droplets with diameter ranging from 180 to 280 μ m could be produced. After their formation, the droplets were submitted to a UV illumination (DYMAX Blue wave 200 lamp) triggering the on-fly polymerization while still in the HEC-treated glass capillary tube. We observed that, while indeed triggering the polymerization of the EGDA droplets, UV irradiation also seriously damaged the HEC layer adsorbed at the surface of the tube, as it can be observed in Figure 9. As a consequence, EGDA droplets had to be first encapsulated and then transferred into an untreated tube before their UV irradiation.

Shell Fabrication Step. Alginate, which is a mixture of several types of polysaccharides from Sigma Aldrich, was chosen as polymer for constituting the shell of the resonators. When dissolved in water, alginate solution can be turned into a physical gel by complexation with Ca^{2+} ions (CaCl monohydrate from Fisher). Because the encapsulation of EGDA droplets into alginate has to be performed before its gelation, we chose to directly use the external phase carrying the core-shell particles as Ca^{2+} ions provider. Oleic acid, which simultaneously exhibits poor solubility in alginate and sufficiently dissolves Ca^{2+} ions, was chosen as external phase. Calcium ions were indirectly dissolved into oleic acid by first dissolving $CaCl_2$ into butanol, then by adding and mixing oleic acid to this solution (the two phases being miscible), and eventually evaporating butanol, resulting in what we further refer to as "salted" oleic acid.²⁵

To avoid the formation of plugs of alginate gel immediately after starting the flows, that is, before attaining steady-state conditions for the encapsulation process, a mixing module (magnetic millimixer shown at the top of Figure 7) was added upstream from the encapsulation stage. This module allowed



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Figure 7. Schematic presentation of the millifluidic chip implemented for producing core-shell objects using the combination of Method 2 for Step 1 and Method 2 for Step 2 (C2-E2 in the text): liquid EGDMA monomers and 2H2M initiator are injected (dark green syringe) and form droplets in the alginate solution (Step 1, blue syringe). The encapsulation step is achieved by the further injection of the resulting two-phase system into an oil/calcium salt solution (Step 2) that is obtained through the mixing of a pure (dark brown syringe) and a salted oleic solution (light brown syringe) in the magnetic millimixer. The gelation of the shell occurs owing to the diffusion of Ca^{2+} ions through the core made of alginate solution. The polymerization of the core is triggered by UV irradiation downstream from the encapsulation stage. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]



Figure 8. Variation of the diameter 2 *a* of EGDA droplets (core) as a function of the ratio of the flow rates in the outer (Q_2) and the inner (Q_1) channels of the core formation stage. The solid curve is the best fit of the data set to a power law, leading to 2 $a \sim (Q_2/Q_1)^{-0.14}$.

for a progressive increase in the salinity of the salted oleic acid injected into the encapsulation stage once a steady regime of encapsulation is attained by tuning the flow rates of pure oleic acid and of the salted oleic acid injected into the module.

The gelation kinetics of 1 wt % alginate in water was measured as a function of Ca^{2+} concentration by evaluating the time dependence of the amplitude of the Brownian motion of 1.1 - μ m diameter fluorescent latex beads (Invitrogen) suspended in 1 mm³ typical volume droplets of alginate solution injected in



Figure 9. Optical microscopy picture of EGDA droplets formed in alginate solution: (a) system before the application of UV light and (b) system after 1 min of UV irradiation.



Figure 10. Flow diagrams of the encapsulation stage of the C2-E2 route in the drop-only region as functions of internal $(Q_1 + Q_2)$ and external (Q_3) flow rates for (a) $Q_1 = 15 \ \mu\text{L/min}$, (d) $Q_1 = 3 \ \mu\text{L/min}$. (b) Capsule with two cores obtained for $Q_1 = 3 \ \mu\text{L/min}$, $Q_2 = 40 \ \mu\text{L/min}$, and $Q_3 = 75 \ \mu\text{L/}$ min. (c) Capsule with a single core obtained for $Q_1 = 3 \ \mu\text{L/min}$, $Q_2 = 40 \ \mu\text{L/min}$, $Q_3 = 100 \ \mu\text{L/min}$. (e) Capsule with three cores obtained for $Q_1 = 15 \ \mu\text{L/min}$, $Q_2 = 60 \ \mu\text{l/min}$, and $Q_3 = 125 \ \mu\text{L/min}$. (f) Variation of the average number of EGDA cores per capsule as a function of the imposed flow ratio for $Q_1 = 30 \ \mu\text{L/min}$. The solid curve is the best fit of the data set to a power law and leads to $N_c \sim [Q_3/(Q_1 + Q_2)]^{-0.7}$.

salted oleic acid in vials. The minimal residence time of alginate droplets in 0.4 wt % salted oleic acid required for achieving homogeneous gelation was found to be 1 min, which could be attained in the millifluidic setup by tuning the alginate and salted oleic acid flow rates within the ranges of encapsulation of a single core. About 0.1 wt % of Pluronic F127 was also added to the alginate solution in order to avoid adsorption of EGDA droplets at the oleic acid-alginate interface.

The inline association of the oleic acid mixing stage, the core fabrication stage, and the encapsulation stage is schematized in Figure 7. The encapsulation step is achieved using an outer capillary glass tube with circular cross section and dimensions (ID = 800 μ m and OD = 1 mm). The flow downstream from the encapsulation stage is eventually submitted to UV irradiation that triggers the polymerization of the EGDA core. The dynamic flow diagrams of the encapsulation step measured for two different values of the EGDA solution flow rate Q_1 are shown in Figure 10(a, d). Figure 10(f) displays the dependence of the average number of EGDA cores per alginate droplet N_C on the flow rate ratio. These diagrams allow for the determination of the experimental conditions required for encapsulating a single EGDA core inside each alginate droplet. Finally, Figure 11

displays the variations of the outer diameter of the core-shell particles 2 *b* versus the flow rate ratio $Q_3/(Q_1 + Q_2)$. Again, their best power-law fit, $2b \propto (Q_3/(Q_1 + Q_2))^{-0.17}$, is in good agreement with the empirical law evidenced in Ref. 24.



Figure 11. Evolution of the outer diameter of the core-shell particles as a function of the flow rate ratio. The continuous line is the best fit of the data to a power law and leads to $2b \sim [Q_3/(Q_1 + Q_2)]^{-0.17}$.



Figure 12. (a) Optical microscopy picture of the core-shell particles whose core is made of an initially liquid polymer, which is in-line polymerized through UV irradiation and whose shell is made of another polymer, which is polymerized through in-line complexation. (b) Histogram of the observed dimensionless off-centering of the core within the shell. [Color figure can be viewed in the online issue, which is available at wileyonlinelibrary.com.]

Considering only the capsules containing a single core, capsules having an external diameter ranging from 450 to 750 μ m and containing a core with diameter ranging from 180 to 380 μ m could be obtained, corresponding to values of the shell thickness to core radius ratio (b - a)/a ranging from 0.2 to 3. A picture of the resonators obtained in experimental conditions corresponding to a weak core confinement is shown in Figure 12(a). A noticeable amount of capsules displays off-centered cores. A histogram of the ratio between the measured distance between the core center and the capsule center *d* and the shell average thickness b - a [see inset of Figure 12(b)] is shown in Figure 12(b). It evidences that a pronounced core off-centering is the mostly encountered configuration, which should have important consequences on the acoustic performances of a suspension of such core-shell resonators.

Comparison Between the Two Routes

Both explored routes have resulted in two different types of hard core-soft shell particles. Let us compare their characteristic features. Although Route 1 allows using solid cores, it requires density-matching for injecting them into the millifluidic circuit. Conversely, Route 2 is less dependent on gravity, but it requires the solidification of the core, which constitutes a constraint for the selection of the material constituting the core. Although in Route 1, the diameter of the solid core is determined from the start; in Route 2, it can be tuned by adjusting the flow rates. Moreover, in Route 1, the injection of solid cores imposes a minimum value of the inner diameter of the capillary through which the cores are injected in order to avoid blocking problems. This reduces the number of free parameters controlling the encapsulation process in Route 1. Conversely, in Route 2, the shell thickness to core radius ratio could be tuned from 0.2 to 3 by varying the flow rates.

CONCLUSION

The formation of mechanical resonators with submillimeter size is a required step toward the realization of 3D LRAM working in the ultrasonic frequency range. We have proposed and implemented two routes to obtain solid core-solid shell particles with submillimeter characteristic size. By contrast with previously developed processes of fabrication of mechanical resonators based on machining and hand-made approaches, the routes we propose are based on millifluidic-assisted self-assembling. Our detailed presentation of the implemented millifluidic processes encompasses original solutions to several practical issues that are the injection of non-Brownian solid particles into microchannels, the control of a two-phase co-flow with simultaneous polymerization, and the diffusion-based control of in-line polymerization. These processes should be significant milestones toward the millifluidic-based synthesis of LRAM. We are now currently working on both the acoustic characterization of the formed objects and on the improvements of their characteristics in terms of dimensions and density contrast.

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